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From:

Dale W. Wagerman  
County Supervisors Association of California  
1100 Elks Building  
Sacramento, California 95814  
Telephone: (916) 441-4011

FOR IMMEDIATE RELEASE

Sacramento, California, January 15, 1971 -

CAL/CARE

Cal/Care, a new system of health care for needy Californians and a new and positive alternative to Medi-Cal, was proposed today by the County Supervisors Association of California (CSAC).

The Cal/Care plan will provide for a county-administered and county-centered program to provide Health Care for the needy.

Major Points of the Proposal:

--The county shall determine the entry point into the health care services system, regardless of who provides the services.

--The state and counties will be jointly responsible for providing health care services to all needy. This also means sharing the total cost of services. Now the counties are charged by law with providing for medically indigent not covered by Medi-Cal. This new concept would create a single system for all indigent patients.

--A family or individual will be required to pay for services if adequate income or other resources are available.

---A State Health Care Commission would be established to govern the program.

"It's no secret that the economic burden carried by the counties under Medi-Cal has been tremendous," said CSAC President Ralph P. Thiel. "Recent administrative cost shifts from the state to the county taxpayers have meant near fiscal disaster for county government.

"This proposal culminates a two-month effort by our association. It is an innovative approach that is reasonable and flexible and that the taxpayers of California can afford.

"Medi-Cal is a fragmented program that has defied cost controls. Through a single system centered in the counties, California can provide health care for the needy but still keep the program within budgetary limits."

Under the Cal/Care plan, each county would annually prepare and submit a program and budget to provide the scope of services and standards of care for the needy which are generally available for other persons in that county. Medi-Cal has been criticized for providing better and more comprehensive medical care to the indigent than the average citizen can afford.

The program would also provide counties with the flexibility to provide care to persons above the upper limits of financial eligibility or the community standard of care.

The program continues to assure freedom of choice to the needy by permitting those who are eligible to select from approved services and facilities included in the county program. However, those services provided by the private sector will be reimbursed according to a fee schedule established by the State Health Care Commission.

"'Cal/Care' will be able to curb many of the abuses of the current Medi-Cal system," Thiel continued. "With a county system close to the people, California should be able to control expenditures in the program and excessive uses of it."

The CSAC proposal was developed primarily by administrators of county health care systems and reviewed and approved by the CSAC Welfare/Medi-Cal/Hospitals Committee and the CSAC Board of Directors. County hospitals are the usual means of fulfilling the state mandate that counties provide health care services to the indigent, and to the extent that state subventions and other sources of revenue are inadequate, property taxpayers supply the actual cost needs.

The proposal will be part of legislation to be sponsored by the association.

In a related action, the association called for emergency legislation for a deficiency appropriation for the "Option" portion of Medi-Cal for this fiscal year. The association estimates that option costs may be as much as one-third short of counties' needs.

# # # #

*County Supervisors Association of California*

CSAC POSITIVE HEALTH CARE PROPOSAL

January 14, 1971

MEDICAL CARE POLICY RECOMMENDATIONS  
CSAC HOSPITAL ADVISORY COMMITTEE

CSAC Hospital Advisory Committee of the County Supervisors Association of California recommends: 1) that CSAC seek emergency legislation for a deficiency appropriation of \$ \_\_\_\_\_ for the "Option" portion of the California Medical Assistance Program (Medi-Cal) which was not funded for fiscal year 1970-71; 2) that CSAC seek legislative and/or judicial relief from Medi-Cal regulations that shift costs from the state to the counties; and 3) that CSAC sponsor legislation in the 1971 Session of the California Legislature to create a new single system for meeting the health care needs of medically needy Californians.

The new system will:

- 1) Make the state and the counties jointly responsible for providing health care services, through a single system, to all persons unable to provide their own.
- 2) Require the state and the counties to share in the total cost of health care for the needy in the future in the same ratio as they did in 1969-70 for persons on welfare, those "just like" welfare persons now known as Group 2 and all others such as needy children and all persons who rely on county sources for care.
- 3) There shall be established a sliding scale of income and resources relative to the cost of episodic care requirements

which are in the nature of a financial catastrophe for the affected family or individual with provision for the program to pay the immediate costs and be reimbursed for the beneficiary share over time.

4) Each county will annually prepare and submit a program and budget to provide the scope of services and standards of care for the medically needy which are generally available for all other persons in that county. Such program and budget are to be reviewed and approved by the State Commission on Health Care (see Item #8).

5) Permit counties which desire to provide care to persons above the upper limits of financial eligibility or to augment the approved scope of services or standards of care to assume responsibility for the full cost of such additional care.

6) Provide for administration of the system at the county level with the county having the responsibility to provide its approved program.

7) To insure the availability of funds for payment of medical care costs, the state will advance its estimated share of such costs to the respective counties monthly, subject to regular reconciliation of over or under advances and county compliance with its approved program and budget.

8) There shall be a State Health Care Commission composed of seven members which include the following: 1) The Director of the State Department of Health, who shall serve as Chairman of the Commission; 2) two public members appointed by the Governor; 3) two legislative members, one senator appointed by the Senate Rules Committee and one assemblyman appointed by the Speaker of the Assembly; 4) one county supervisor appointed by the Governor from a list of three submitted by the County Supervisors Association of California and 5) one County Health Care Administrator appointed by the Governor from a list of three submitted by the County Supervisors Association of California

This Commission shall have authority to set financial eligibility criteria; review and approve submitted county programs and budgets; make rules and regulations governing the administration of this program. The Commission will establish fee for service schedules as appropriate to be used as the basis for payment of any services provided by the private sector. The Commission shall exercise its authority so as to insure federal conformity and maximize federal sharing.

9) Freedom of choice will be assured by permitting applicants, whose eligibility and medical need have been confirmed, to select from approved services and facilities included within the approved county program. The county will be the entry point into the system regardless of who provides the service.



# Memorandum

To : SENIOR STAFF  
CABINET

Date : December 7, 1970

Subject: Medi-Cal Table

From : Jerry Martin

Attached is a table showing (Medi-Cal Scope) the type of service and the amount of benefit financed by Medi-Cal. This is compared across the page with the types of health insurance plans offered by typical major group programs (in this case, the three major state employee health plans).

The last three columns are two union and one private company group health plan and the benefits they offer. This whole package was printed in a series on Medi-Cal uses in the Sacramento Union, September 20, 1970.

# Medi-Cal vs. private plans

| SERVICE GROUP 1 SCOPE      | MEDI-CAL SCOPE | BLUE CROSS BLUE SHIELD             | CAL/WEST/OCCIDENTAL                 | KAISER NORTH & SOUTH   | CARPENTERS HEALTH AND WELFARE TRUST FUND FOR CALIFORNIA | LOCKHEED MISSILES AND SPACE COMPANY UNDERWRITTEN | LABORERS HEALTH AND WELFARE TRUST FUND |
|----------------------------|----------------|------------------------------------|-------------------------------------|--|---|--|--|
| Hospital Inpatient (F)     | Yes/100%       | Yes/70 days/3 Bed W/d. Rate Co-Pay | Yes/70 days/\$40.00 per day maximum | Yes/100% 111 days/year North<br>Yes/100% 125 days/year South | Yes/70 days/3 Bed W/d Rate/Co-Pay For Private Room      | Yes/365 days/\$50.00 per day maximum             | Yes/100%/120 days Semi-private Room    |
| Hospital Outpatient (F)    | Yes/100%       | Yes/Limited/Co-Pay                 | Yes/Limited/Co-Pay                  | Yes/100%   | Yes/Limited/Co-Pay                                      | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Lab and X-ray (F)          | Yes/100%       | Yes/Limited Co-Pay                 | Yes/Limited/Co-Pay                  | Yes/100%   | Yes/Limited/Co-Pay                                      | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Nursing Home (F)           | Yes/100%       | None                               | None                                | None   | None  | None   | Yes/100%/120 days                      |
| Physician Services (F)     | Yes/100%       | Yes/Limited/Co-Pay                 | Yes/Limited/Co-Pay                  | Yes/100%   | Yes/Limited/Co-Pay                                      | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Home Health Agencies (F)   | Yes/100%       | None                               | None                                | Minimal  | None  | None   | None                                   |
| Medical Transportation (F) | Yes/100%       | Yes/Co-Pay                         | Yes/Co-Pay                          | Yes/when auth'd  | Yes/Limited/Co-Pay                                      | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Pharmacy (Drugs)           | Yes/100%       | None                               | None                                | Yes/Co-pmt   | Yes/Co-Pay  | None   | Yes/20% Co-Pay                         |
| Dental Care                | Yes/100%       | None                               | None                                | None   | None  | Yes/Limited/Co-Pay                               | Minimal                                |
| State Hospitals            | Yes/100%       | Yes/30 days/Co-Pay                 | Yes/70 days/Co-Pay                  | None   | None  | Yes/365 days/Co-Pay                              | Yes/20% Co-Pay                         |
| Optometrists               | Yes/100%       | None                               | None                                | Yes/100%   | None  | None   | None                                   |
| Chiropractors              | Yes/100%       | None                               | None                                | None   | Yes/Limited/Co-Pay                                      | None   | None                                   |
| Podiatrists (Foot Doctor)  | Yes/100%       | Yes/Limited/Co-Pay                 | Yes/Limited/Co-Pay                  | None   | Yes/Limited/Co-Pay                                      | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Special Duty Nursing       | Yes/100%       | None                               | None                                | Minimal  | None  | Yes/Limited/Co-Pay                               | Yes/10% Co-Pay                         |
| Dispensing Opticians       | Yes/100%       | None                               | None                                | Yes Kaiser Staff/Full Co-Pay                                 | None  | None   | None                                   |
| Prosthetic & Orthotic      | Yes/100%       | None                               | Yes/Limited/Co-Pay                  | None   | None  | None   | Yes/10% Co-Pay                         |
| Psychology (GPC)           | Yes/100%       | None                               | None                                | None   | None  | None   | None                                   |
| Occupational Therapy       | Yes/100%       | None                               | None                                | None   | None  | None   | Yes/10% Co-Pay                         |
| Physical Therapy           | Yes/100%       | None                               | None                                | None   | None  | None   | Yes/10% Co-Pay                         |
| Speech Therapy             | Yes/100%       | None                               | None                                | None   | None  | None   | None                                   |
| Hearing Aids               | Yes/100%       | None                               | None                                | None   | None  | None   | None                                   |
| Durable Medical Equipment  | Yes/100%       | None                               | Minimal                             | None   | None  | Minimal  | Yes/10% Co-Pay                         |
| Christian Science Service  | Yes/100%       | None                               | Yes/Co-Pay                          | None   | None  | None   | None                                   |

(F) — Federally mandated.

Co-pay—patient pays part of cost under private plans, but co-payment by Medi-Cal recipients is prohibited by federal government.

# Memorandum

To : SENIOR STAFF  
CABINET

*Medi-Cal*  
*ESG → WAS*  
*fri*  
*[Signature]*  
Date : December 22, 1970

Subject:

From : Jerry Martin

Attached is a package of factual material of the 1970-71 Medi-Cal reductions. It includes a background report on the nursing home situation and a chart comparing Medi-Cal services offered free to welfare recipients with six major health plans offered to public and private employees.

The main point is that the average citizen finances medical benefits to welfare recipients far beyond those which he receives.

EXPLANATION CODE:

Listed below are a selected number of large group health insurance plans available to public and private employees and the health care services each plan provides compared with the services offered under Medi-Cal to welfare recipients.

1. Column 1, (Medi-Cal Scope) is the authorized range of health care services, which the Medi-Cal program provides for welfare recipients.
2. Columns 2 through 4 are health plans available to state employees.
3. Column 5 is the health plan offered by the Carpenters Health and Welfare Trust.
4. Column 6 is the Lockheed Company Health Insurance Plan.
5. Column 7 is the Laborers Health and Welfare Trust Fund Plan.

STATE OF CALIFORNIA  
DEPARTMENT OF HEALTH CARE SERVICES

COMPARISON OF BENEFITS — MEDI-CAL WITH PRIVATE PLANS

| SERVICE — GROUP 1 SCOPE   | MEDI-CAL SCOPE           | BLUE CROSS, BLUE SHIELD FREE CHOICE/SERVICE PLAN         | CAL/WEST/OCCIDENTAL — FREE CHOICE/INDEMNITY PLAN | KAISER NORTH & SOUTH CLOSED PANEL/GROUP PRACTICE  | CARPENTERS HEALTH AND WELFARE TRUST FUND FOR CALIFORNIA HOSPITAL SERVICE OF CALIFORNIA (BLUE CROSS) | LOCKHEED MISSILES AND SPACE COMPANY UNDERWRITTEN BY TRAVELERS INSURANCE COMPANY | LABORERS HEALTH AND WELFARE TRUST FUND — SELF-ADMINISTERED PLAN |
|---------------------------|--------------------------|--|--|---|---|---|---|
| Hospital Inpatient        | Yes/100%                 | Yes/70 days/ 3 Bed Wd Rate. Co-pmt/Higher Accd. Required | Yes/70 days/ \$40.00 per day maximum             | Yes/100% 111 days North<br>Yes/100% 125 days South<br>(South has 240 more days at ½ cost) | Yes/70 days/3 Bed Wd Rate/ Co-pmt if Higher Accom's Required  | Yes/365 days/ \$50.00 per day maximum   | Yes/100%/120 days/ Semi-private Room                            |
| Hospital Outpatient       | Yes/100%                 | Yes/Limited/ Co-pmt                                      | Yes/Limited/ Co-pmt                              | Yes/100%  | Yes/Limited/Co-pmt  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Lab and X-ray             | Yes/100%                 | Yes/Limited/ Co-pmt                                      | Yes/Limited/ Co-pmt                              | Yes/100%  | Yes/Limited/Co-pmt  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Nursing Home              | Yes/100%                 | None   | None   | None  | None  | None  | Yes/100%/120 days (2 for 1) ECF Care                            |
| Physician Services        | Yes/100%                 | Yes/Limited/i Co-pmt                                     | Yes/Limited/ Co-pmt                              | Yes/100%  | Yes/Limited/Co-pmt  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Home Health Agencies      | Yes/100%                 | None   | None   | Minimal   | None  | None  | None  |
| Medical Transportation    | Yes/100%                 | Yes/Co-pmt   | Yes/Co-pmt                                       | Yes/when auth'd   | Yes/Limited/Co-pmt  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Pharmacy (Drugs)          | Yes/100%                 | None   | None   | Yes/Co-pmt  | Yes/Co-pmt  | None  | Yes/20% Co-pmt/ \$15,000 Max                                    |
| Dental Care               | Yes/100%                 | None   | None   | None  | None  | Yes/Limited/Co-pmt  | Minimal   |
| State Hospitals           | Yes/100%                 | Yes/30 days/ Co-pmt                                      | Yes/70 days/ Co-pmt                              | None  | None  | Yes/365 days/Co-pmt   | Yes/20% Co-pmt/ 120 days  |
| Optometrists              | Yes/100%                 | None   | None   | Yes/100%  | None  | None  | None  |
| Chiropractors             | Yes/100%                 | None   | None   | None  | Yes/Limited/Co-pmt  | None  | None  |
| Podiatrists               | Yes/100%                 | Yes/Limited/ Co-pmt                                      | Yes/Limited/ Co-pmt                              | None  | Yes/Limited/Co-pmt  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Special Duty Nursing      | Yes/100% Within Require. | None   | None   | Minimal   | None  | Yes/Limited/Co-pmt  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Dispensing Opticians      | Yes/100%                 | None   | None   | Yes/Kaiser Staff/ Full Co-pmt   | None  | None  | None  |
| Prosthetic & Orthotic     | Yes/100%                 | None   | Yes/Limited/ Co-pmt                              | None  | None  | None  | Yes/10% Co-pmt/ \$15,000 Max                                    |
| Psychology (OPC)          | Yes/100%                 | None   | None   | None  | None  | None  | None  |
| Occupational Therapy      | Yes/100%                 | None   | None   | None  | None  | None  | Yes/10% Co-pmt \$15,000 Max                                     |
| Physical Therapy          | Yes/100%                 | None   | None   | None  | None  | None  | Yes/10% Co-pmt \$15,000 Max                                     |
| Speech Therapy            | Yes/100%                 | None   | None   | None  | None  | None  | None  |
| Hearing Aids              | Yes/100%                 | None   | None   | None  | None  | None  | None  |
| Durable Medical Equipment | Yes/100%                 | None   | Minimal  | None  | None  | Minimal   | Yes/10% Co-pmt \$15,000 Max                                     |
| Christian Science Service | Yes/100%                 | None   | Yes/Co-pmt                                       | None  | None  | None  | None  |

7/24/70

COST COMPARISON

1. Medi-Cal cost about \$517 per capita in 1970. During the same fiscal year, the per capita cost for health care in the United States was about \$312, according to the latest available federal statistics.\*\*
2. The average citizen is helping finance (through his taxes) a program of medical benefits and services for welfare recipients that is far more extensive than many private health insurance plans and costs about \$205 a year more than the per capita cost of health care in the United States.
3. One newspaper (Sacramento Union, Sept. 20, 1970) estimated that to obtain comparable health care benefits from private insurance, a family of four would have to pay a premium of \$2,000 a year!

MEDI-CAL BENEFITS EXCEED PRIVATE HEALTH PLANS

1. Medi-Cal finances full-cost benefits for a list of 23 basic and optional medical and related health care services. Medi-Cal provides 23 of 23 services on the list.

By contrast:

One major group plan (Blue Cross, Blue Shield) provides benefits for only the 7 most basic categories of medical services. And it requires limited co-payment in six of those seven!

Another private plan (Kaiser Group Practice) offers benefits in 10 of the 23 service categories. BUT, it requires partial or full co-payment by the person receiving benefits in 4 of the 10 and imposes limitations of benefits in two others!

In short, many private citizens are being taxed to pay for welfare recipients' medical benefits that are more extensive than they themselves have under private insurance. And the cost of Medi-Cal is \$517 a year versus the approximately \$312 per capita that is spent on health care in U.S. (1970).

MEDI-CAL'S GENEROUS BENEFITS

1. In addition to the basic medical services, Medi-Cal also must pay for benefits such as occupational therapy, chiropractors, dental care, psychologists, speech therapy, physical therapy, optometrists, home health agency services, nursing home services and medical equipment. NONE of those benefits are offered under many major private health

\*Group plan available to state employees.

\*\*Health care cost estimate (national total) by Task Force on Medicaid and Related Programs, HEW, June 30, 1970; census data.



plans, the ones which cover most citizens who pay the taxes to finance Medi-Cal.

Yet all of these and most important, all basic health needs will still be offered by Medi-Cal under the December regulations. (Federal and state law prohibits eliminating any. The state is mandated to make across the board reductions, such as the 10% cut. It could not, for example, eliminate Dental care to provide more funds for some other benefit such as nursing home care).

#### Non-Elective Surgery

All surgery or other medical benefits necessary to prevent death or significant disability will CONTINUE TO BE OFFERED AND FINANCED TO the FULL EXTENT OF EXISTING BENEFIT SCHEDULES! Only non-essential services are affected by the new limitations.

An example of non-emergency, non-essential services that can be safely postponed for 90 days or more without causing significant disability include:

A "bunionectomy", or a hernia repair (non-emergency).

#### Why Trim Services?

The law requires the state administration to make a specific sequence of cost reductions when Medi-Cal exceeds its budget.

The first cut on the list is a 10% reduction of fees to physicians, chiropractors, nursing homes, and other health providers. Then the state must order a postponement of non-elective services under a sequence written into the law by the Legislature in 1967. Services cannot be eliminated and only a comparatively small number of persons, the "affluent poor", can be dropped from the program under emergency circumstances. These are the 230,000 medically needy who have too much income to qualify for a cash grant. There are no present plans to drop them. The law requires Medi-Cal to accept all welfare recipients on its rolls, too.

#### Why the Budget Squeeze?

The original 1970-71 budget included funds for a projected average monthly caseload of 2,119,600 (including all welfare categories). Now the number of Medi-Cal recipients is expected to average more than 2,400,000 a month for Fiscal 1970-71. The caseload growth in Medi-Cal is caused by the growth of the welfare rolls, including the impact of court decisions which liberalize benefits and add people to welfare.

### MAINSTREAM MEDICAL CARE?

Q--Some critics have said the latest Medi-Cal restrictions means that the poor no longer will be in the "mainstream" of medical care.

A--On the contrary, the tightening up still leaves welfare recipients and the medically needy with a far more generous array of medical benefits than the average working taxpayer has for his own family. Most private plans offer one-half to two-thirds FEWER health services than Medi-Cal. And in many private plans, the person receiving the care must make at least a small co-payment for the service rendered. Medi-Cal recipients pay nothing. FURTHERMORE, ALL essential health services are still fully provided.

Q--The benefits offered free by Medi-Cal to welfare recipients must be more expensive than the health insurance the average citizen has for his own family since it provides so many more benefits. IS it more expensive?

A--It certainly is. During Fiscal 1970, the cost of Medi-Cal on a per capita basis was about \$517. The Task Force on Medicaid and Related Programs, U.S. Department of Health, Education and Welfare, has reported that for Fiscal 1970, (June 30, 1970) the total expenditure for health care in the United States was about \$64 billion. That means that the per capita (per person) expenditure for health care in the United States during Fiscal 1970 amounted to about \$312 a year for 205 million American citizens, about \$205 less than the Medi-Cal per capita cost.

### NURSING HOME RATES

The subject of what constitutes "reasonable" reimbursement for nursing homes in the Medi-Cal program is a complex problem. A proper perspective for evaluating the situation requires some background into the whole history of the Medi-Cal nursing home program.

Immediately prior to the advent of Medi-Cal and Medicare in California, there were approximately 22,000 nursing home beds in the State of California. In the five years the two government health care programs have been in existence the number of nursing home beds has increased to approximately 100,000 beds at the present time.



Many homes, including those built as speculative investment ventures, rely heavily upon the Medi-Cal and Medicare programs for filling their beds. But the vacancy factor in California is relatively high--15 per cent--indicating an over-capacity which the industry itself created.

Eighty per cent of those beds which are filled are occupied by Medi-Cal and Medicare patients.

In effect, the Nursing home industry in California was largely built through the Medi-Cal program. There is nothing wrong in this. Private enterprises such as private nursing homes should be encouraged to help meet existing public needs (i.e. the need for nursing home facilities for the elderly).

But the Reagan administration does not believe that the taxpayers should be forced to pay excessive daily rates to make up for a high vacancy factor caused by over-capacity.

The Reagan administration does believe that nursing home operators participating in the Medi-Cal program are entitled to "reasonable" reimbursements. The attempt is being made now to define "reasonable".

The State really is caught in a bureaucratic cross fire in this situation. The Federal Government indicated after a survey that 45% of Medi-Cal nursing home patients should not be in this type of facility, but instead should be in an "intermediate care" program (one which doesn't require the higher degree of medical attention in nursing homes).

No such program existed. The State must develop standards for an intermediate care type facility from scratch. It is attempting to do this by cooperating with the nursing home operators and the Federal government.

But some nursing home operators have objected to the "intermediate care" concept because it would mean lower daily rates than they have been demanding from the State.

In brief, the dispute involves what constitutes a "reasonable" daily rate.

### BACKGROUND OF NURSING HOME RATES

The California Association of Nursing Homes sued the State in November 1967, charging that nursing home rates under Medi-Cal were not reasonable. These rates were established by the Department of Finance at the direction of the former Governor in 1961.

An appeal upheld a trial court decision which said essentially that the court had no way to decide if the rate was reasonable because it did not go the State Administrative Procedure Act route. This course allows data (or regulations) establishing a base to be introduced as evidence at a public hearing. There it is open to challenge and contrary evidence may be introduced. Public hearing testimony in effect provides a body of evidence that sometimes obviates the need for a court to take evidence itself.

The legal route ran its course in late 1969 and the Department ordered that Ernst and Ernst, a national accounting firm, establish nursing home data from a valid statistical sample which proved to be 76 nursing homes chosen from about 1,300. Ernst and Ernst was advised not to choose a nursing home that had less than 65% occupancy nor one that had less than 35% Medi-Cal patients. This was to prevent "outlaw" statistics from distorting the present picture. Based on their data, the Department's analysis showed that the proposed rate should be \$13.54 a day.

The December 15-16 public hearing for nursing home rates will result in the adoption of a rate on February 1, 1971. That rate-- whatever it is-- will be subject to a 10% cut which is being levied against all until June 30, 1971. The current rates are also subject to the 10% cut until such time as the new rates are established.

### INTERMEDIATE CARE FACILITIES

As of early December, approximately 300 beds have been approved for intermediate care in northeastern California by Comprehensive Health Planning. At that time, there were applications for another 300 beds awaiting CHP approval in the Los Angeles area. Ordinarily, this approval required a public hearing and CompHealth has yet to make a Southern California swing.

At the same time, the State Department of Health Care Services has medical-social review teams operating in the Sacramento and Los Angeles areas. These teams are surveying the medical and social needs

of every Medi-Cal patient in each nursing home to ascertain what level of care that patient needs. So far, their survey shows about 30% of the patients need some lesser level of care than nursing homes. The nursing home industry and the public have been assured that even though Medi-Cal patients are identified as requiring a lesser level of care, none will be moved until that care is available in the area. The accent on intermediate care is for social activity rather than medical care. For example, instead of a staffing requirement for 24 hour nursing care, 40 hours a week nursing standards are all that's necessary. On any given day, there are about 55,000 Medi-Cal patients in nursing homes. The Department will adopt emergency regulations governing standards for intermediate care on December 10. Nursing homes, convalescent hospitals, or hospitals already licensed by DPH do not have to go through Comprehensive Health Planning, nor be additionally licensed by DPH which will entail an on-site inspection by the Department's licensing agency. This will identify a wing or section in a licensed facility that could be used for intermediate care. This will sever a great deal of red tape that presently is inhibiting nursing home operators from applying for ICF. The rate for ICF, as proposed by Human Relations Agency (and also subject to public hearings later) is \$305 per patient a calendar month.

There are, of course, avenues through which the nursing home operators may seek equitable adjustments in the rates. Both the Federal government and the State have established procedures for this purpose.

But both the Federal and State governments also have an obligation to make sure that taxpayers are not forced to pay an excessive nursing home rate for a facility built in the wrong place at the wrong time. Nor should taxpaying citizens who finance their own, less extensive medical care, be required to subsidize inefficiency to meet a payment level that a nursing home operator arbitrarily thinks is "fair".

If the state administration did not insist upon tight fiscal checks upon rates, nursing home expenses could be subject to the same type of massive cost over-runs that the Federal government has experienced with some of its large defense contracts.

PB  
December 22, 1970

REPLY TO KCBS RADIO EDITORIAL

By Dr. Earl Brian  
Director, Department of Health Care Services  
State of California

Several weeks ago, when Governor Reagan announced temporary steps his administration was taking to help head off the financial crisis in the state's Medi-Cal program, he noted the public's confusion about the program. I'd like to clear up some of that confusion.

Medi-Cal was created by law in 1965, implemented in early 1966 and inherited by Governor Reagan in 1967. Since assuming office, the governor has warned repeatedly of the enormous difficulties of administering the program.

To get a Medi-Cal card, one need only get on welfare. The card provides the most complete array of health care services imaginable---all paid in full by the taxpayers---working men and women who cannot even afford such care for themselves or their families.

Today, one out of every nine Californians is on welfare and therefore a Medi-Cal recipient. That compares with one of every 15 citizens four years ago.

Despite the tremendous increase in those receiving Medi-Cal, the law---Section 14120 of the Welfare and Institutions Code---requires the Medi-Cal program to be operated within budgeted expenditures. The law says that if, at any time, we know the cost of Medi-Cal will exceed available funds, we must reduce by up to 10 percent the amounts the state pays for Medi-Cal services.

The governor's action was explicitly required by law. Had the temporary controls not gone into effect December 15, the Medi-Cal program would have run out of funds next April, two and one half months before the end of the fiscal year. And that is against California law.

I want to emphasize that the cuts we made were in fees paid to doctors, dentists and other providers. No essential services have been eliminated. The fact is: because the administration took the action in time, Medi-Cal recipients are now assured of receiving the necessary care they require.

In the meantime we are putting the finishing touches on a complete overhaul and reform of Medi-Cal---which Governor Reagan will be announcing in the coming months.

Time: 1:58

EJG:feb

From:

Chuck Broadhurst  
County Supervisors Association of California  
1100 Elks Building  
Sacramento, California 95814  
Telephone (916) 441-4011

FOR IMMEDIATE RELEASE

Sacramento, Dec. 17--The president of the County Supervisors Association of California today expressed alarm over the serious implications to local property taxpayers stemming from State efforts to overcome a \$140 million deficit in California's Medi-Cal program.

In a statement issued from the Association's offices in Sacramento, Ralph P. Thiel, a Tuolumne County supervisor, declared:

"The State has simply told county hospitals to make their services available to Medi-Cal recipients at a multi-million dollar loss, whereas in the past they've provided them at cost. This regrettable move was ordered by the Director of the State Department of Health Care Services without even consulting the counties, and we are important financial partners in the Medi-Cal program. Specifically, the Department:

"One--ordered the counties to provide outpatient Medi-Cal services at below their actual cost. We estimate the direct impact of this order to be between \$5 and \$8 million on the county property taxpayer.

"Two--imposed a further 10% reduction in the amount the State will pay for county medical services. This adds another \$2 million to the county property taxpayers' bill.

"Three--on top of this the State proposes to require the counties to provide long term care to the chronically ill at a loss. In Tuolumne County alone, this would cost real property taxpayers \$161,280, which would mean an increase of 20.6 cents on our county's tax rate. Statewide, our preliminary estimates of the amount that would have to be raised locally is between \$10 and \$15 million. Again, it would be the county property taxpayer who would have to pick up the tab.

"And four--circumstances threaten to shift over 200,000 medically needy recipients to care in county hospitals. The cost implication of this move, if it occurs, is between \$100 and \$150 million.

"It is totally unreasonable to expect counties to absorb such massive costs. For one thing, this year most county tax rates jumped to all time highs. For another, county budgets for the current fiscal year have already been adopted and their tax rates established. There is positively no way for county boards of supervisors to go back to the property taxpayer and raise the 1970-71 tax rate. If the State prevails, it will mean the counties will have to cut such desperately needed services as law enforcement, fire protection, mental health, and probation. Most counties have no reserves whatever from which to bail the State out of its Medi-Cal financing crisis.

"Moreover, there is a serious question under the Medi-Cal law whether the State Director of Health Care Services has the authority to impose fees on counties at less than the cost of the services they provide. Counties are required, by law, to provide medical care services to the poor, whereas private hospitals are not. They cannot

close their doors to the poor. This principle has been recognized since the inception of the Medi-Cal program in 1965 and is due to the simple fact that county hospitals are supported by property tax revenues. Californians should realize that county health care is provided at cost, and that any fee schedules or reductions in payments by the State is nothing less than an outright cost-shift to the county property taxpayer. They should also realize that the property taxpayer is a heavy contributor to the funding of Medi-Cal. He supplies approximately \$1 for every \$2 that the State puts up.

"If doubt is now to be cast upon this State-county relationship, the counties believe they will have no other alternative but to secure judicial or legislative interpretation of the Medi-Cal law rather than relying upon the unilateral interpretation of the State Director of Health Care Services.

"Counties quite appropriately are alarmed, for the State's directives are clearly a breach of faith in the joint State-county partnership to deliver health care services to the poor."

# # #




# Memorandum

To : **Edwin Meese, III**  
**Executive Secretary**  
**Governor's Office**

Date : **July 14, 1970**  
File No.: **21:38**  
Subject : **Medi-Cal Management System**

From : **Office of the Administrator**



**In response to questions raised at staff meeting this morning, transmitted herewith are Earl Brian's explanations.**

**LUCIAN B. VANDEGRIFT**  
**Secretary**

**Attachment**

**cc: Verne Orr, Director, Department of Finance)**  
**James Crumpacker, Cabinet Secretary )**  
**Governor's Office ) with copy of**  
**Paul J. Beck, Press Secretary ) attachment**  
**Governor's Office )**



**Memorandum**

JUL 14 1970

To : Lucian B. Vandegrift, Secretary  
Human Relations Agency

Date : July 14, 1970

Subject :

From : Department of Health Care Services  
Earl W. Brian, M.D., Director

This memorandum will summarize the events to date regarding the Medi-Cal Management System.

In 1967, the Governor's Survey on Efficiency and Cost Control recommended that the claims processing system for the Medi-Cal program be reviewed, with the idea that considerable revision in the system was needed.

In the Fall of 1968 Lockheed Corporation was awarded a contract for the study of the existing claims processing system and proposal of a new system, which is now called the Medi-Cal Management System. The Lockheed proposal was put out to bid, and finally two companies submitted bids to design, implement, and test the system on a prototype basis in two California counties. The final contract for \$5.5 million was awarded to Health Care Systems Administrators (HCSA), a joint venture of Occidental, Pacific National, Pacific Mutual, and Cal-West insurance companies, in conjunction with IBM. After lengthy contract negotiations the final contract was signed on June 15, 1970, and since that time has been approved by the Department of General Services. HCSA is now working to implement the computerized claims processing system in two California counties -- San Diego and Santa Clara.

The system is quite complex in that there are many different factors involving the Medi-Cal program, which includes such things as eligibility determination, mechanics of claims processing, systems for duplicate payment checks, systems for utilization review, which will be built into the Medi-Cal Management System. The contract calls for an 18-month design and implementation period. If the system is as successful in the prototype counties as is anticipated, the state will have to give consideration to state-wide implementation of the system.

The attached reports prepared by the Lockheed Corporation indicate what effect might be anticipated if a successful system can be implemented state-wide. The last chart in the group projects a program saving of \$172 million.

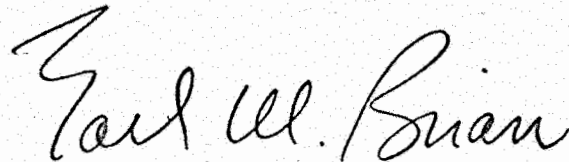
Lucian Vandegrift

-2-

July 14, 1970

This may be somewhat optimistic, but it seems reasonable to assume that a system such as the Medi-Cal Management System can effect a 7% program savings (which in the Medi-Cal program would approximate \$100 million).

There may be some concern that the conflict of interest question regarding Carel Mulder has some relationship to the Medi-Cal Management System. This is not the case. The question surrounding Carel Mulder arose out of a relationship between EDS-F of Dallas, Texas, and California Blue Shield. Neither of these two organizations have any relationship with the Medi-Cal Management System. (Furthermore, as you will recall, the Attorney General investigated the Mulder charge and found him to be "without conflict of interest".)

A handwritten signature in cursive script, reading "Earl W. Brian".

Earl W. Brian, M.D.  
Director

EWBdw  
Attachments

cc: Verne Orr, Director  
State Department of Finance

### LOCKHEED PROJECT STARTUP COSTS

|   | <u>Low Estimate</u> | <u>Per Claim</u> | <u>High Estimate</u> | <u>Per Claim</u> |
|---|---------------------|------------------|----------------------|------------------|
| Cost to Start                           | \$5,000,000         |                  | \$6,000,000          |                  |
| Amortized Over 3 Years                  | 1,667,000           | \$0.56           | 2,000,000            | \$0.67           |
| Claims Load*                            | 3,000,000           |                  | 3,000,000            |                  |
| Operating Expense                       | <u>3,000,000</u>    | <u>\$1.00</u>    | <u>4,000,000</u>     | <u>\$1.33</u>    |
| Total Annual Expense<br>(First 3 Years) | \$4,667,000         | \$1.56           | \$6,000,000          | \$2.00           |

\*To keep amortized cost at less than \$1.00 per claim, and also have reasonable overall processing cost.

#### Estimated Monthly Claim Volume for Larger Foundation and Society Counties:

| <u>Foundation Counties</u> | <u>Medical</u> | <u>Dental</u> | <u>Drug</u> | <u>Total</u> |
|----------------------------|----------------|---------------|-------------|--------------|
| Fresno                     | 27,930         | 2,560         | 51,720      | 82,210       |
| San Bernardino             | 27,260         | 2,210         | 43,590      | 73,060       |
| Sacramento                 | 25,610         | 2,490         | 41,180      | 69,280       |
| San Diego                  | 22,910         | 2,260         | 66,680      | 91,850       |
| Santa Clara                | 22,910         | 2,060         | 37,690      | 62,660       |
| Riverside                  | 17,120         | 1,390         | 32,500      | 51,010       |
| Kern                       | 15,810         | 1,060         | 30,520      | 47,390       |
| Tulare                     | 13,760         | 930           | 25,690      | 40,380       |

#### Society Counties

|                 |       |     |        |        |
|-----------------|-------|-----|--------|--------|
| San Mateo       | 8,992 | 667 | 12,139 | 21,797 |
| Ventura         | 7,030 | 610 | 10,678 | 18,319 |
| Santa Barbara   | 6,553 | 567 | 8,585  | 15,704 |
| Butte           | 5,034 | 411 | 9,116  | 14,560 |
| San Luis Obispo | 5,185 | 465 | 8,362  | 14,012 |
| Solano          | 4,503 | 379 | 7,591  | 12,472 |
| Marin           | 3,409 | 313 | 5,273  | 8,995  |

## MEDI-CAL SYSTEM COST METHODOLOGY

- PROGRAM SAVINGS BASED ON EXPERIENCE IN FRESNO COUNTY ON MEDICARE CLAIMS

|  |                   |
|--|-------------------|
| NATIONWIDE CLAIM REDUCTION                               | $1\frac{1}{2}\%$  |
| FRESNO CLAIM REDUCTION                                   | 14 %              |
| DIFFERENCE ATTRIBUTED OF<br>IMPROVED UTILIZATION CONTROL | $12\frac{1}{2}\%$ |

- ADMINISTRATIVE SAVINGS BASED ON EXTENSION OF LOCKHEED WORK - USING A CONSTANT PERCENTAGE SAVING

ESTIMATED ANNUAL TOTAL

MEDI-CAL CASH FLOW

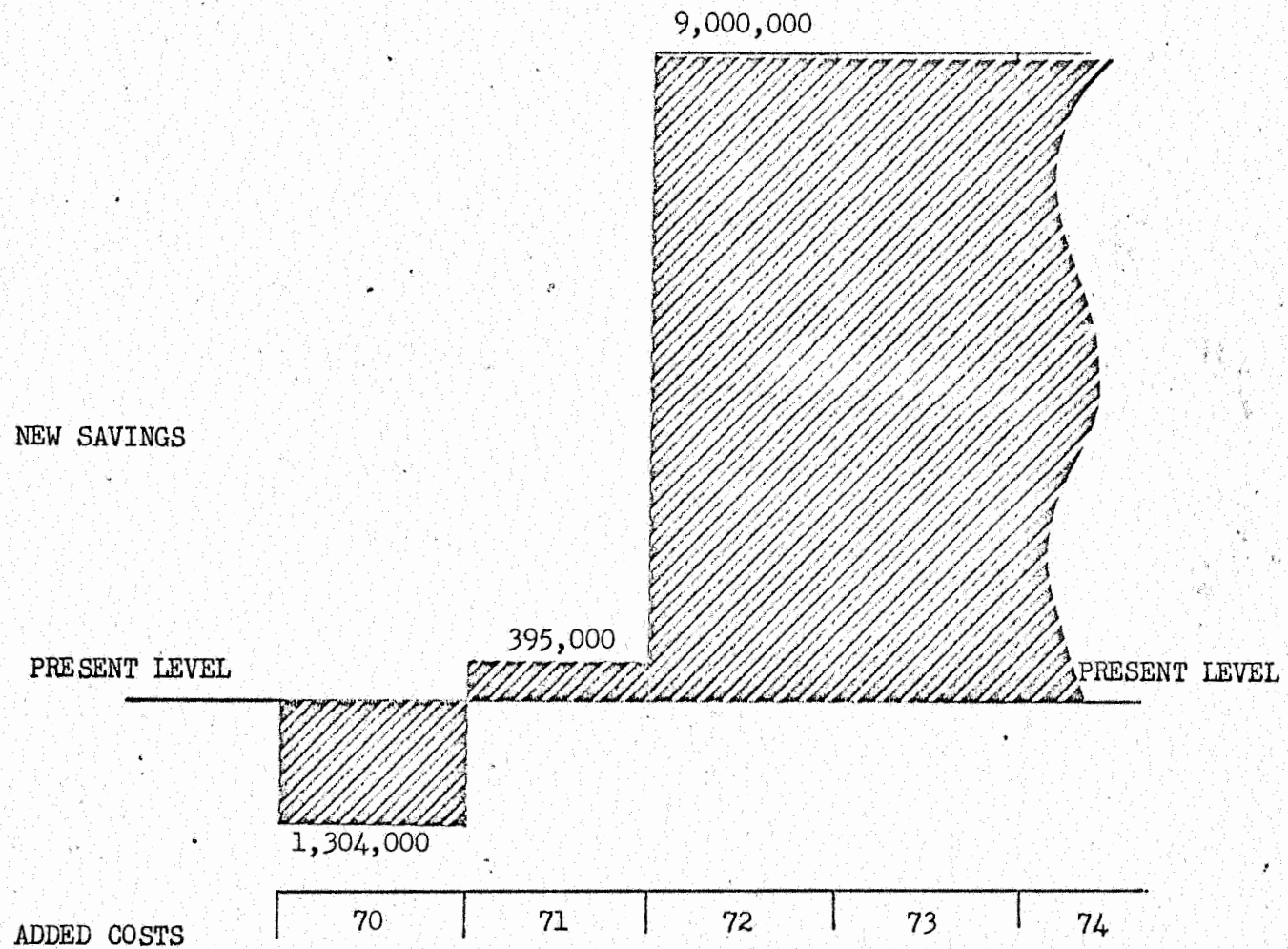
| FISCAL<br>YEAR | \$            |            |
|----------------|---------------|------------|
| 1970           | \$484,000     | ADDED COST |
| 1971           | \$163,400,000 | SAVINGS    |
| 1972 onward    | \$172,200,000 | SAVINGS    |

MEDI-CAL COSTS: 1969/1970 ESTIMATED

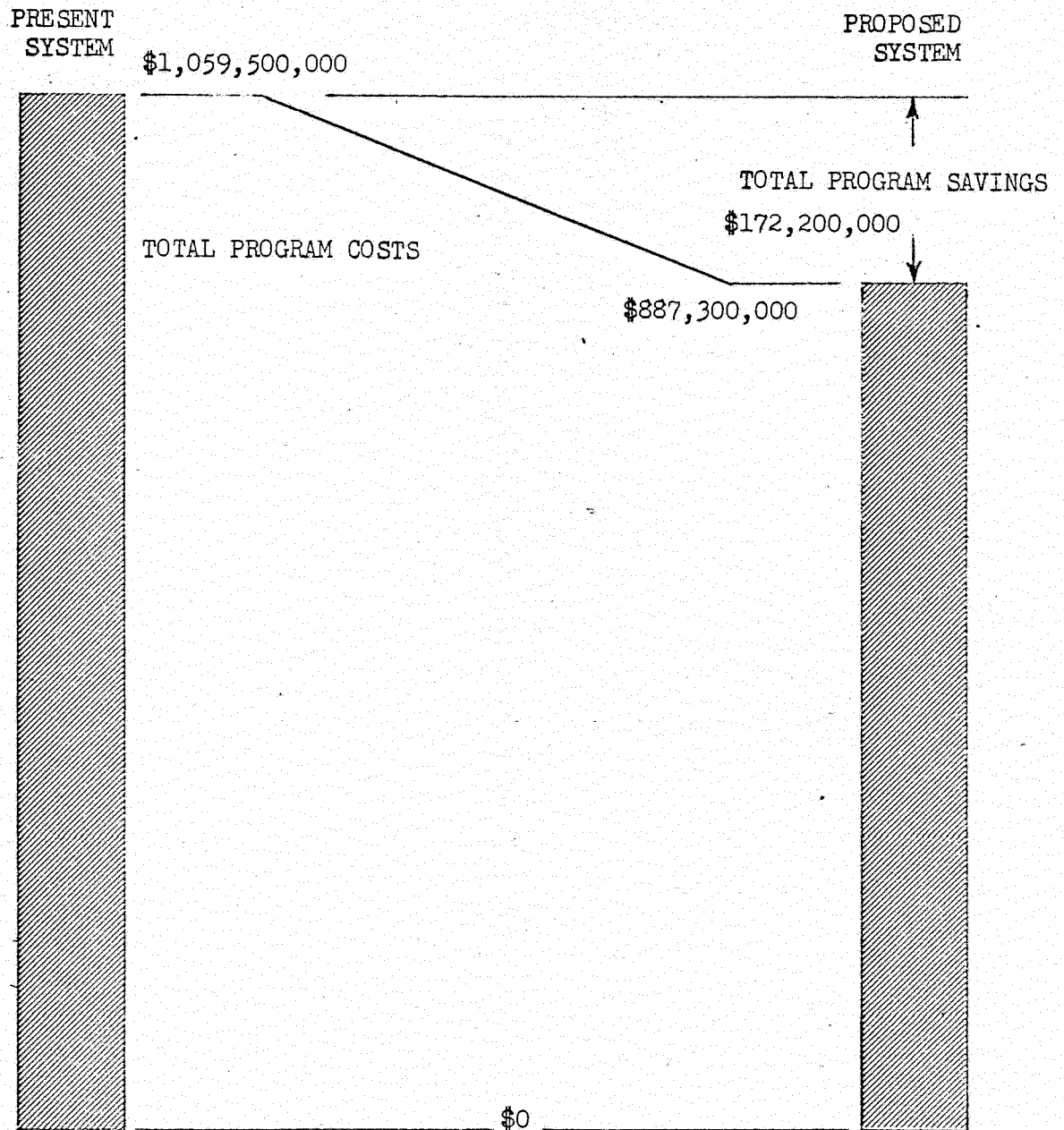
|                              | PRESENT<br>SYSTEM | FULLY OPERATIONAL<br>PROPOSED<br>SYSTEM | CHANGE        |
|------------------------------|-------------------|---|---------------|
| ADMINISTRATION               | \$39,500,000      | \$30,300,000                            | \$9,200,000   |
| APPLICANT PROCESSING         |                   |   |               |
| CLAIMS PROCESSING            |                   |   |               |
| FISCAL OPERATIONS            |                   |   |               |
| PLANNING, ANALYSIS & CONTROL |                   |   |               |
| PROVISION OF SERVICE         | \$1,020,000,000   | \$857,000,000                           | \$163,000,000 |
| TOTALS                       | \$1,059,500,000   | \$887,300,000                           | \$172,200,000 |

ESTIMATED TOTAL MEDI-CAL SAVINGS

ESTIMATED ANNUAL CASH FLOW ADMINISTRATIVE COSTS ONLY



ESTIMATED  
CHANGE IN MEDI-CAL  
COSTS.





HUMAN RELATIONS AGENCY  
Sacramento, California  
Contact: Walter Barkdull  
Telephone: (916) 445-6951  
April 17, 1970

FOR IMMEDIATE RELEASE

Plans to establish a new intermediate category of out-of home care for the aged or disabled were announced today by Lucian B. Vandegrift, Secretary of the Human Relations Agency, in a report to the Legislature.

"Intermediate care will fill the existing gap between homes that either provide no regular nursing care or provide it around the clock," Vandegrift said. "This new category will permit the aged or disabled to secure the combination of medical and social care best suited to their needs."

The new combination category will go into effect after hearings are held, standards officially adopted, and licenses are issued by the State Department of Public Health -- probably in September, 1970.

At the same time, State medical-social review teams will be formed which will place residents whose care is paid by the State Medi-Cal or welfare programs in the most appropriate type of program. The teams will review the placement of each resident annually to insure that his needs are being met. Teams will be under control of the Department of Health Care Services.

Vandegrift said that he expects most of the new intermediate care beds will come from conversion of distinct portions of existing nursing and residential care homes, minimizing the need to move residents.

The Agency proposes that the staffing of intermediate care homes include a licensed nurse on duty full-time for the day shift during the regular work week and another employee responsible for planning and directing social and recreational programs.

Nursing homes are now required to have licensed nursing personnel on duty 24-hours a day, every day, while the residential care homes require no nursing personnel.

On the basis of preliminary comparisons, the average intermediate care rate is expected to be approximately \$300-\$320 a month -- about \$100 a month less than skilled nursing home care and \$100 more than residential care.

The new category was developed under authority of legislation authored by Assemblyman Eugene Chappie (R-Cool) which was adopted in 1968.

A study conducted by the Agency showed that 35 percent of a sampling of Medi-Cal recipients in skilled nursing homes could be served more appropriately by a lower level of medical care together with a higher level of social care, a combination that does not now exist.

Vandegrift said that the cost of the review team operation would be paid by the savings from utilizing the less costly care during 1970-71. He said that in subsequent years savings to the State should be "substantial".

# # #

**Memorandum**

To : Lucian Vandegrift, Secretary  
Human Relations Agency

Date : March 12, 1970

Subject :

From : Department of Health Care Services  
Earl W. Brian, M.D., Director Designate

On March 11, 1970, I attended the California Hospital Association's Board of Trustees meeting, and during the course of that meeting I was forced into a position of having to speak for Governor Reagan in regard to a basic health concept. The conversation went something like this:

The President of the California Hospital Association said, "Dr. Brian, we have heard from a reliable source that when told that needy patients would have to go to county hospitals (in lieu of private hospitals) if Medi-Cal funds were cut, Governor Reagan responded: 'What is wrong with that?'. " The CHA President went on to say that this caused concern in their ranks about the Governor's position in regard to the "mainstream health care" concept under which the Medi-Cal program (theoretically) operates.

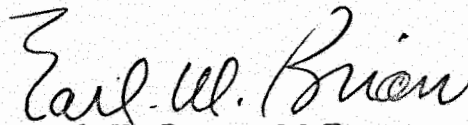
I responded to the audience (of approximately 50 people) in the following manner: "I am certain that Governor Reagan's intent, if he made such a statement was to get at the crux of the subject rather than to take an unfavorable position in regard to the mainstream concept. The Governor is a pragmatic individual who keeps an open mind to the various possibilities. While I know for certain that he desires to help the truly needy members of our society who, for reasons beyond their control, are unable to help themselves, the Governor has some reservations about the manner in which this help is delivered to those persons. Generally I feel that he is interested in having me attempt to make this mainstream health care concept work efficiently and, in fact, has hired me to do that particular job. However, he would be willing to take a hard look at alternative methods for delivering health care to the needy members of our society. "

Lucian Vandegrift

-2-

March 12, 1970

Generally, my position in the discussion was one of leaving the door open for the Governor to proceed in either direction; but, since this and other related questions tend to crop up continuously, I believe it would be advisable for us to sit down with the Governor for a few minutes and review this subject.

A handwritten signature in cursive script, reading "Earl W. Brian". The signature is written in dark ink and is positioned above the printed name and title.

Earl W. Brian, M.D.  
Director Designate

EWBdw

HUMAN RELATIONS AGENCY  
Sacramento, California  
Contact: Spencer Williams  
November 7, 1968

FOR IMMEDIATE RELEASE

Spencer Williams, Secretary of the Human Relations Agency, issued the following statement in connection with the release by the Attorney General of the report on Medi-Cal:

"We join with the Attorney General in our mutual determination to eliminate fraud in the State's Medi-Cal program.

The suggestions contained in his report, aimed at reducing abuses in this important area, should contribute to creating additional safeguards in the program.

As this administration has said many times, Medi-Cal was hastily conceived in the closing days of the 1965 legislature, prior to the time Governor Reagan took office. In this connection, it is important to note that the Attorney General's report emphasizes that the necessary planning and research needed for the effective operation of Medi-Cal unfortunately did not accompany the initial enactment of the program.

We also echo his warning that the enactment of Federal legislation which requires immediate response from the states to take advantage of Federal funding is laden with peril. Certainly, as the report emphasizes, the formulation of programs without sufficient preparation and analysis is ill-considered.

We have not, and will not, tolerate fraudulent misuse of Medi-Cal funds by those who receive or provide services.

We have asked to meet with the staff of the Attorney General to secure specific cases of fraud and abuse which were uncovered. Further, we will continue to insist on prosecution in any case where there is evidence of wrongdoing.

Even though the 'illegal and unethical activities' identified in the report amount to only about one percent of program expenditures, the fact is that this still represents one percent more misuse of the taxpayers' money than is warranted. Every penny spent for Medi-Cal must be spent for those who require treatment, not for the benefit of cheaters.

We are continuing to improve the management of Medi-Cal and are making substantial progress in this regard.

As the report notes, 'efforts have already been made to remedy many of the problems' mentioned. For example, before the study was even contemplated we had tested and installed a new computerized billing system which resulted in the recovery of more than \$1 million paid out prior to January, 1967. Since that time we have rejected duplicates at the rate of about \$100,000 a month. Furthermore, the new multi-card identification system will make false billing even more difficult.

After many months of complex negotiation we awarded contracts last September to begin audits. We supported legislation months ago that will shortly become effective to place the Medi-Cal consultants under State control. We have a management systems study underway which will result in further improvements in the program."

# # #



# Memorandum

To : Governor Reagan

Date : May 3, 1968

*file*

Subject : Suggested comments  
concerning press stories on  
Legislative Joint Committee  
Report on Medi-Cal

From : Spencer Williams

As to necessity to propose program reductions and postponement of non-essential services last August: This year's budget was prepared on the basis that carry-over debts were to be paid out of this year's appropriation. This position was made known to the Legislature at the time the budget was presented, and subsequently during June and July. The ability to pay off the Medi-Cal debts, however, out of prior-year resources from other programs made possible the Medi-Cal surplus which we will experience this year.

As to the comment in the report, "The Administration's response to (Supreme Court's) decision was to answer that 160,000 medically indigent people would be totally eliminated from the program unless the Legislature authorized the Administration to make the reductions in benefits the courts held to be illegal": It was the court, not the Administration, which said the first step in reducing or postponing program services must be the elimination of the 160,000 medically indigent. The Administration rejected this concept as unfair and as requiring a shift of unreasonable expenses to the counties. It was for this reason that it sought legislative alternatives.

In general, the report gives the Administration proper credit for actions taken to control the program by tightening up in the administration of Medi-Cal. These total approximately 64.6 million General Fund savings. There will be no relaxation of these efforts to control program costs which result from over-utilization by both providers and patients.

As to statements alleged that future Medi-Cal cuts are unnecessary and that the program does not face fiscal problems next year, the question asked of Mr. Williams was that "if this year's surplus is carried over and added to next year's budget as mentioned in the report (page 20, last paragraph) can the current level of service be maintained?" The response was "assuming that the surplus is carried over it would seem that unless unforeseen circumstances arise, the program could be operated at current levels, however, in view of the broader overall General Fund problem that faces the state there can be no assumption of such carryover".

*RR - prog. shud be reduced in cost & all cmte dist was postponed day of reckoning.*

page -2- continues

As to the need for the Sherman Bill: The Sherman Bill is necessary to establish sensible priorities for program controls in the event of fiscal problems whether they develop this year or any year. In a program affected by as many variables as Medi-Cal, such variables including changes in federal legislation and reductions in federal funding, the legislative establishment of such criteria is essential. Whether the program faces fiscal difficulties next year will depend upon these variables as well as whether the condition of the total General Fund allows or does not allow the application of this year's Medi-Cal surplus to next year's program.



BACKGROUND - Medi-Cal/Proposed Prepaid Program

1/ Medi-Cal is one of our biggest fiscal headaches. The way it is now run, it will continue to be a headache.

It is draining the taxpayer. It is draining the state budget. It is building a bureaucracy. It is not answering the real needs for mainstream medicine for our needy. It is causing a deep rift between the medical community and the administration.

It must be overhauled.

2/ The California Medical Association (CMA) House of Delegates meet in state <sup>convention</sup> ~~conservation~~ in San Francisco March 23-27

It is reported that quite a few resolutions have already been submitted that deal with the Administration's proposals (Spencer Williams):

- (a) to cut the doctors fees under Medi-Cal (sixty percentile) and
- (b) the proposed doubling of the OHCS budget for Medi-Cal vendor surveillance.

The medical association feels that these proposals are direct slaps at it. There will probably be hot debates, hard criticism, extensive press coverage -- all of which would be most embarrassing to the Governor.

We must move to preempt this (to strike first as we did in the mental hospitals' report situation several weeks ago).

3/ The ground work for such a <sup>coup</sup> ~~crowd~~ has already been laid.

On February 14 a group of doctors met with the Governor and with Spencer Williams, Mike Deaver and myself. The doctors

previewed a concept for prepayment plan for Medi-Cal -- i.e. a giant prepaid insurance program through which Blue Shield would contract with the State of California to provide doctors' services for Medi-Cal recipients for a set annual contract fee. The California Physicians Service would agree to provide care for all recipients of Medi-Cal. If the costs of fulfilling such a contract exceed the amount of the contract Blue Shield would absorb the loss. If the costs did not total the dollar amount of the contract, the savings would be returned to the State for the next year's operation.

Reportedly, Spence has also been working with several other groups on a similar plan.

The Governor was most <sup>receptive</sup> ~~perceptive~~ to this concept.

It was agreed that this group of doctors would on March 15 present the Governor with a draft proposal for such a prepayment plan.

Therefore, we should schedule at least a half an hour for these doctors with the Governor on either March 14 or 15.

(The draft proposal has already been submitted to Spence on March 4. He is now reviewing it with people in his shop.)

4/ We should now schedule the release of such a concept at the Governor's news conference on March 19.

The Governor should outline the basic structure of the concept, point out that he and Spence Williams <sup>have</sup> ~~has~~ been working on it for sometime and that progress is being made and that this seems to be the proper role of state government in the overall Medi-Cal program.

(Also, reference to recent recommendation of Assembly Public Health Committee - 3/7/68.)

5/ Such a plan could put the Governor in a position of leadership (National overtones here).

It would help short circuit those resolutions now boiling for the CMA convention (our friends could say "the Governor is already working

Backgrounder  
Page three

to solve the problem"). Hopefully it will enable us to both avoid bad publicity and bad relations with the doctors and once again give us the positive ascendancy in a very important matter.

To : Paul Beck

Date : March 15, 1968

*file*

Subject: New York State's  
Medicaid Plan

From : Jim Gibson

*[Handwritten initials]*

Two years ago Governor Nelson Rockefeller fathered a program of state medical assistance which was the most liberal, in terms of benefits, in the nation. He has now signed legislation which becomes effective April 1, and which will eliminate 1.5 million possible recipients from the program.

The new legislation lowers the eligibility standards and denies practically all benefits to persons aged 21 through 64. Under the current program a family of four could qualify if its net annual income after taxes and other deductions didn't exceed \$6,000.

The new law lowers this standard to \$5,300 for this typical family. The parents, however, might be excluded under the age qualification.

This new legislation will cut New York State participation from \$600 million to \$300 million.

OJG:sjs

STATEMENT OF SPENCER WILLIAMS  
CONCERNING THE PRELIMINARY REPORT ON MEDI-CAL  
BY THE ASSEMBLY COMMITTEE ON PUBLIC HEALTH

The preliminary report of the Assembly Committee on Public Health is comprehensive and constructive. I agree with the Committee that its recommendations will serve as a useful point of departure in stimulating solution to Medi-Cal problems and I will be pleased to work closely with Chairman Duffy and the members to that end. The Administration also will have proposals and I am confident the Committee will find them worthy of serious consideration. The Administration, like the Committee, is vitally concerned with making the present program efficient and economical while providing good health care for those who need it. With the assistance of the Governor's task force and the recently appointed advisory committee, the Administration has instituted a number of steps to improve the program.

I am gratified that the Committee recognizes that the Administrator must have the flexibility to make program adjustments in order to maintain essential services while keeping within the funds available.

We will present our detailed views concerning the Committee recommendations as the bills are heard. At this time, however, let me note that several pilot projects to develop prepaid contracts for comprehensive health care services are currently nearing the operational stage. These will give us a basis for evaluation of the proposal.

# # #

March 7, 1968

*file*

CALIFORNIA MEDICAL ASSISTANCE PROGRAM  
Current Analysis of Preliminary Medi-Cal Expenditure Estimates  
Fiscal 1968-69

(Not adjusted for effects of PL 90-248)

The attached tables present a comparison of the December 14, 1967, subvention budget estimates and current estimate revisions based on:

1. Modified Medically Needy caseload projections.
2. Elimination of Group II extension caseload increment and subsequent cost as a separate estimate component.
3. Reduction in estimated days of care for nursing homes, and revised per diem rates.
4. Revised State mental hospital estimate.
5. Elimination of Group II revised maintenance need adjustment.
6. Inclusion of the Short-Doyle program.

The following sections describe these changes in greater detail. As noted in the above head-note, revised 1968-69 expenditure estimates are not adjusted for the effect of PL 90-248, which is now being evaluated by OHCS staff.

Caseload

The Department of Social Welfare has not revised its Cash Grant caseload estimates; therefore, OHCS used these same caseload figures, as presented in the December 14 estimate package. The earlier Medically Needy caseload estimates were developed from a least squares regression line based on thirteen months' experience - August 1966 through August 1967. The growth rate of Medically Needy certified population declined significantly during May, June, and July, 1967. At the time caseload projections were developed for the December 14 budget estimates, caseload experience was available only through the month of September, thus the continuing effect of the reduced rate of growth was beyond prediction. The revised Medically Needy caseload projections were developed from November 1966 - November 1967 experience, which picks up more months of the declining growth rate. Group II caseload projections also take recognition of the fact that the earlier estimates assumed a greater awareness and utilization of certain outpatient benefits, which have not occurred to date. Increased certifications due to the availability of outpatient physicians' services, laboratory and radiology, and hospital outpatient services are being absorbed within predicted caseload growth.

The revised Medically Needy caseload estimate is 84,500 (or 27.4 percent) below the average monthly caseload projected for the December 14 budget estimates.



Two-fifths of the overall reduction relates to elimination of 33,800 persons formerly included for Group II benefit extension. The caseload reduction without Group II extension increment amounted to 18.5 percent of total Medically Needy, or 2.8 percent of the total Medi-Cal eligibles.

#### State mental hospitals

Mental Hygiene produced a revised estimate of Medi-Cal subventions for care of aged persons in State mental hospitals. This figure is approximately \$4.0 million below the December 14 amount.

#### Nursing homes

Recent payment and utilization experience indicates that the method initially used to project nursing home days of care for fiscal 1968-69 produced an excessive number of days. The previous estimate of 18.5 million days was reduced to 15.7 million by projecting December 1966 through December 1967, experience by a least squares regression line.

The nursing home per diem rate used in the December 14 estimates was developed from cost statements reflecting rate adjustments retroactive to July 1, 1966. The average per diem rate applied to the current nursing home estimate was developed from new cost statements, reflecting rate adjustments retroactive to July 1, 1967. This rate, \$12.05, was effective until February 1, 1968, at which time rates were adjusted for the State minimum wage increment.

On February 1, 1968, the maximum daily rate was increased from \$12.74 to \$14.00, effective to June 30, 1968. An overall average daily rate of \$13.22 was used for this five month interval. A statewide average rate of \$13.88 was derived for fiscal 1968-69, based on a normal annual rate increase of 5 percent ( $\$13.22 \times 1.05 = \$13.88$ ).

Gross expenditures were developed by multiplying projected days of care times \$13.88. Patient liability was computed at the rate of \$1.71 per day for Group I Medically Needy and \$1.88 per day for Group II Medically Needy and subtracted from gross expenditures. Expenditures were further reduced by \$8.6 million to reflect estimated cost reductions due to tighter utilization controls.

#### Group II maintenance need

The December 14 estimates included an adjustment for a revised maintenance need schedule assumed to be effective by July 1, 1968. The revised estimates do not contain this adjustment because PL 90-248 includes provision for some modification of the current maintenance schedule.

#### Short-Doyle program

The Short-Doyle program was included in the current 1968-69 subvention estimates by adding \$4.0 million to the "all other services" category and distributing this amount among the aid groups.



TABLE 1 ESTIMATED EXPENDITURES, by PROGRAM

Feb 26, 1968

Fiscal Year 1968-1969

| Program                 | Budget Estimate<br>of Dec. 14, 1967 | Revised Estimate | Difference  |
|-------------------------|-------------------------------------|------------------|-------------|
|                         | \$                                  | \$               | \$          |
| Cash Grant              | 531 952 300                         | 514 531 200      | -17,421,100 |
| AA S                    | 132 323 000                         | 121 789 300      | -10,533,700 |
| AB/PSB                  | 9 377 000                           | 8 572 800        | -804,200    |
| ASD                     | 163 498 500                         | 155 788 600      | -7,710,500  |
| QJOC                    | 226 752 800                         | 228 381 100      | +1,627,300  |
| Medically Needy         | 315 797 900                         | 312 345 800      | -3,552,100  |
| Group I                 | 168 056 900                         | 147 834 800      | -20,222,100 |
| Aged                    | 135 824 700                         | 119 925 700      | -15,899,000 |
| Blind                   | 1 973 900                           | 1 738 100        | -235,800    |
| Disabled                | 20 146 000                          | 19 039 100       | -1,106,900  |
| Families                | 10 112 300                          | 7 131 900        | -2,980,400  |
| Group II                | 147 741 000                         | 114 411 000      | -33,330,000 |
| Aged                    | 73 983 500                          | 52 842 400       | -20,141,100 |
| Blind                   | 893 500                             | 725 700          | -167,800    |
| Disabled                | 33 975 800                          | 30 399 100       | -3,576,700  |
| Families                | 38 888 200                          | 29 443 800       | -9,444,400  |
| Nursing Home Adj.       | 27 000 000                          | 27,000,000       | -0-         |
| Little XVIII (C) Exp-in | 16 258 800                          | 16 258 800       | -0-         |
| Net Cost of Care        | 891 009 000                         | 820 035 800      | -70,973,200 |
| Administration          | 28 657 807                          | 28 657 807       | -0-         |
| Total Expenditures      | 919,666,807                         | 848 693 607      | -70 973,200 |

(a) Includes \$12.0 million for hospital-based physicians and \$4.0 million for Short-Doyle program.

(b) Excludes adjustment due to Group II revised maintenance need.

Calif. Med. Ass. Program  
Table 2 Estimated Expend by Maj. Types of Services  
Fiscal Year 1968-1969

| Service                  | Budget Estimate<br>of Dec. 12, 1967 | Revised Estimate              | Difference         |
|--------------------------|-------------------------------------|-------------------------------|--------------------|
| Physicians' Ser.         | \$ 191 643 800 <sup>(a)</sup>       | \$ 183 786 800 <sup>(a)</sup> | -7,857,000         |
| Prescrip. Drugs          | 55 399 800                          | 53 196 700                    | -2,203,100         |
| Dental Care              | 47 201 700                          | 46 564 200                    | -637,400           |
| Co. Hospitals            | 107 205 900                         | 104 037 700                   | -3,168,200         |
| Other Hospitals          | 152 297 300                         | 141 716 200                   | -10,581,100        |
| State Mental Hosp.       | 21 959 800                          | 18 008 100                    | -3,951,700         |
| Nursing Homes            | 233 016 200                         | 188 029 700                   | -44,986,500        |
| All Other Services       | 39 025 700                          | 41 437 500 <sup>(b)</sup>     | 2,411,800          |
| Nursing Home Adj.        | 27,000,000                          | 27,000,000                    | 0                  |
| Title VIII(B) Budget     | 16 258 800                          | 16 258 800                    | 0                  |
| <b>Tot. Cost of Care</b> | <b>891 009 000</b>                  | <b>820 035 800</b>            | <b>-70,973,200</b> |
| <b>Administration</b>    | <b>28 657 807</b>                   | <b>28 657 807</b>             | <b>0</b>           |
| <b>Tot. Expenditures</b> | <b>\$ 919,666,807</b>               | <b>\$ 848 693 607</b>         | <b>-70 973,200</b> |

(a) Includes \$2.0 million for hospital-based physicians.  
(b) Includes \$4.0 million for Short-Doyle program.

Table

3

Calif. Med. Ass. Prog.  
 Annual Monthly No. of Certified Persons  
 By Program  
 Fiscal Year 1968-1969

400  
 #1.4

| Program                      | Budget Estimated<br>of Dec. 31, 1967 | Revised Estimate       | Difference |
|------------------------------|--------------------------------------|------------------------|------------|
| Cash Grant                   | 1,507,700                            | 1,507,700              | 0          |
| AAI                          | 305,500                              | 305,500                | 0          |
| AB/ASB                       | 12,800                               | 12,800                 | 0          |
| ALD                          | 157,200                              | 157,200                | 0          |
| ATDC                         | 1,032,200                            | 1,032,200              | 0          |
| Medically Needy              | 307,900                              | 223,400 <sup>(a)</sup> | -84,500    |
| Group I                      | 99,100                               | 70,200                 | -28,900    |
| Aged                         | 42,000                               | 31,700                 | -10,300    |
| Blind                        | 700                                  | 300                    | -400       |
| Deaf                         | 9,300                                | 7,800                  | -1,500     |
| Families                     | 47,100                               | 30,400                 | -16,700    |
| Group II                     | 208,800                              | 153,200                | -55,600    |
| Aged                         | 39,900                               | 29,100                 | -10,800    |
| Blind                        | 500                                  | 400                    | -100       |
| Deaf                         | 9,800                                | 8,500                  | -1,300     |
| Families                     | 158,600                              | 115,200                | -43,400    |
| Tot. No. of Eligible Persons | 1,815,600                            | 1,431,100              | -384,500   |

(a) Medically Needy caseload projections were modified using more recent caseload experience; excludes caseload adjustment for Group II benefit extension.

CALIFORNIA MEDICAL ASSISTANCE PROGRAM  
Premises and Methodology of Revised Medi-Cal Expenditure Estimates  
1967 - 1968

The attached tables present a comparison of the December 14, 1967, subvention budget estimates and current estimate revisions based on:

1. Modified Medically Needy caseload projections.
2. Elimination of Group II extension caseload increment and subsequent cost as a separate estimate component.
3. Reduction in estimated days of care for nursing homes, and revised per diem rates.
4. Revised State mental hospital estimate.
5. Elimination of Group II revised maintenance need adjustment.
6. Inclusion of the Short-Doyle program.

These changes are described in greater detail in the following sections.

Caseload

The Department of Social Welfare has not revised its Cash Grant caseload estimates; therefore, OHCS used these same caseload figures, as presented in the December 14 estimate package. The earlier Medically Needy caseload estimates were developed from a least squares regression line based on thirteen months' experience - August 1966 through August 1967. The growth rate of Medically Needy certified population declined significantly during May, June, and July, 1967. At the time caseload projections were developed for the December 14 budget estimates, caseload experience was available only through the month of September, thus the continuing effect of the reduced rate of growth was beyond prediction. The revised Medically Needy caseload projections were developed from November 1966 - November 1967 experience, which picks up more months of the declining growth rate. Group II caseload projections also take recognition of the fact that the earlier estimates assumed a greater awareness and utilization of certain outpatient benefits, which have not occurred to date. Increased certifications due to the availability of outpatient physicians' services, laboratory and radiology, and hospital outpatient services are being absorbed within predicted caseload growth.

The revised Medically Needy caseload estimate is 45,100 (or 20.9 percent) below the average monthly caseload projected for the December 14 budget estimates. Approximately one-half of the overall reduction relates to elimination of 25,400 persons formerly included for Group II benefit extension. The caseload reduction without Group II extension increment amounted to 10.4 percent of total Medically Needy, or 1.3 percent of the total Medi-Cal eligibles.

### State mental hospitals

Mental Hygiene produced a revised estimate of Medi-Cal subventions for care of aged persons in State mental hospitals. This figure is \$3.6 million below the December 14 amount.

### Nursing homes

Recent payment and utilization experience indicates that the method initially used to project nursing home days of care for fiscal 1967-68 produced an excessive number of days. The previous estimate of 15.7 million days was reduced to 14.4 million by projecting December, 1966 through December, 1967, experience by a least squares regression line.

The nursing home per diem rate used in the December 14 estimates was developed from cost statements reflecting rate adjustments retroactive to July 1, 1966. The average per diem rate applied to the current nursing home estimate was developed from new cost statements, reflecting rate adjustments retroactive to July 1, 1967. This rate, \$12.05, was effective until February 1, 1968, at which time rates were adjusted for the State minimum wage increment.

On February 1, 1968, the maximum daily rate was increased from \$12.74 to \$14.00, effective through June 30, 1968. An initial adjustment of \$1.00 will be added to the schedule of each nursing home; thereafter, individual adjustments will be made to departmental costs, up to a maximum of \$1.26, on the basis of revised cost statements. Adjustments will be retroactive to February 1. An average increment of \$1.17 was selected for this period, raising the average daily rate to \$13.22.

Days of care were separated into seven (July - January) and five (February - June) service month periods and were multiplied by the corresponding rate of each period to derive gross expenditure estimates. Patient liability, at the rate of \$1.71 per day for Medically Needy Group I and \$1.88 per day for Group II, was computed and subtracted from gross expenditures. Expenditures were further reduced by \$7.0 million to reflect estimated cost reductions due to tighter utilization controls.

### Group II maintenance need

Although a revised maintenance need schedule has been proposed it is doubtful it will become effective much earlier than July 1, 1968, when the revised Federal participation levels become operative. Thus, no adjustment was made for a revised schedule.

### Short-Doyle program

The Short-Doyle program was included in the current 1967-68 subvention estimates by adding \$4.0 million to the "all other services" category and distributing this amount among the aid groups.

### Dental care and "other services"

Compared to year-to-date payments and apparent reduced utilization in some services



during the months subsequent to October, 1967, current expenditure estimates are too high for dental care and services and supplies of vendors in the "all other services" category. Present estimates are based on payment experience January through September 1967; thus not reflecting any effect of the September "cuts."

Dental care utilization subsequent to November, 1967 is not expected to increase sufficiently to absorb earlier reductions and to also achieve the current estimated expenditure level. Services of podiatrists, chiropractors, optometrists, and other vendors are more likely to close the gap between reduced payments and estimated fiscal year expenditures.

It is anticipated expenditure estimates in these categories for fiscal 1967-68 will be revised, possibly during March, with the availability of more payment and utilization experience reflecting the effects of temporary cuts in some services and the impact on utilization after the court ruling in November.

CALIFORNIA MEDICAL ASSISTANCE PROGRAM

Table 1. Estimated Expenditures, by Program

1967 - 1968

| Program  | Budget Estimates<br>of Dec. 14, 1967 | Revised Estimates<br>of Feb. 14, 1968 <sup>a/</sup> | Difference              |
|--|--------------------------------------|---|-------------------------|
| Cash Grant . . . . .                                 | \$449,006,800                        | \$441,348,000                                       | \$-7,658,800            |
| Old Age Security . . . . .                           | 116,545,200                          | 110,886,900   | -5,658,300              |
| Aid to the Blind . . . . .                           | 8,236,200                            | 7,837,000   | -399,200                |
| Aid to the Disabled . . . . .                        | 129,658,600                          | 125,727,600   | -3,931,000              |
| Aid to Families with<br>Dependent Children . . . . . | 194,566,800                          | 196,896,500   | 2,329,700 <sup>c/</sup> |
| Medically Needy . . . . .                            | 238,746,100                          | 213,406,200   | -25,339,900             |
| Group I . . . . .                                    | 125,558,500                          | 121,120,200   | -4,438,300              |
| Aged . . . . .                                       | 102,956,100                          | 99,561,700  | -3,394,400              |
| Blind . . . . .                                      | 1,479,700                            | 1,445,600   | -34,100                 |
| Disabled . . . . .                                   | 14,396,400                           | 14,509,500  | 113,100                 |
| Families . . . . .                                   | 6,726,300                            | 5,603,400   | -1,122,900              |
| Group II . . . . .                                   | 113,187,600                          | 92,286,000 <sup>b/</sup>                            | -20,901,600             |
| Aged . . . . .                                       | 58,653,000                           | 45,702,600  | -12,950,400             |
| Blind . . . . .                                      | 707,900                              | 587,600   | -120,300                |
| Disabled . . . . .                                   | 27,191,200                           | 25,094,300  | -2,096,900              |
| Families . . . . .                                   | 26,635,500                           | 20,901,500  | -5,734,000              |
| Title XVIII (B) Buy-in . . . . .                     | 12,766,800                           | 12,766,800  | 0                       |
| Total Cost of Care . . . . .                         | 700,519,700                          | 667,521,000   | -32,998,700             |
| Administration . . . . .                             | 23,443,000                           | 23,633,443  | 190,443                 |
| Total Expenditures . . . . .                         | \$723,962,700                        | \$691,154,443                                       | \$-32,808,257           |

<sup>a/</sup> Includes \$6.0 million for hospital based physicians and \$4.0 million for Short-Doyle.

<sup>b/</sup> Excludes adjustment due to Group II revised maintenance need.

<sup>c/</sup> Increase due to distribution of Short-Doyle program among aid categories.



CALIFORNIA MEDICAL ASSISTANCE PROGRAM

Table 2. Estimated Expenditures, by Major Types of Services

1967 - 1968

| Service                          | Budget Estimates<br>of Dec. 14, 1967 | Revised Estimates<br>of Feb. 14, 1968 | Difference    |
|----------------------------------|--------------------------------------|---------------------------------------|---------------|
| Physicians' Services . . . . .   | \$154,066,800 <sup>a/</sup>          | \$149,272,400 <sup>a/</sup>           | \$-4,794,400  |
| Prescription Drugs . . . . .     | 46,374,700                           | 45,226,900                            | -1,147,800    |
| Dental Care . . . . .            | 39,697,200                           | 39,429,900                            | -267,300      |
| County Hospitals . . . . .       | 99,838,400                           | 98,324,800                            | -1,513,600    |
| Other Hospitals . . . . .        | 119,348,800                          | 113,921,600                           | -5,427,200    |
| State Mental Hospitals . . . . . | 21,959,800                           | 18,382,000                            | -3,577,800    |
| Nursing Homes . . . . .          | 173,992,200                          | 154,591,500                           | -19,400,700   |
| All Other Services . . . . .     | 32,475,000                           | 35,605,100 <sup>b/</sup>              | 3,130,100     |
| Title XVIII (B) Buy-in . . . . . | 12,766,800                           | 12,766,800                            | 0             |
| Total Cost of Care . . . . .     | 700,519,700                          | 667,521,000                           | -32,998,700   |
| Administration . . . . .         | 23,443,000                           | 23,633,443                            | 190,443       |
| Total Expenditures . . . . .     | \$723,962,700                        | \$691,154,443                         | \$-32,808,257 |

<sup>a/</sup> Includes \$6.0 million for hospital-based physicians.

<sup>b/</sup> Includes \$4.0 million for Short-Doyle program.

CALIFORNIA MEDICAL ASSISTANCE PROGRAM

Table 3. Average Monthly Number of Certified Persons, by Program

1967 - 1968

| Program  | Budget Estimates<br>of Dec. 14, 1967 | Revised Estimates<br>of Feb. 14, 1968 | Difference |
|--|--------------------------------------|---------------------------------------|------------|
| Cash Grant . . . . .                                 | 1,357,400                            | 1,357,400                             | 0          |
| Old Age Security . . . . .                           | 298,500                              | 298,500                               | 0          |
| Aid to the Blind . . . . .                           | 12,800                               | 12,800                                | 0          |
| Aid to the Disabled . . . . .                        | 127,000                              | 127,000                               | 0          |
| Aid to Families with<br>Dependent Children . . . . . | 919,100                              | 919,100                               | 0          |
| Medically Needy . . . . .                            | 215,600                              | 170,500 <sup>a/</sup>                 | -45,100    |
| Group I . . . . .                                    | 67,800                               | 57,000                                | -10,800    |
| Aged . . . . .                                       | 30,800                               | 27,500                                | -3,300     |
| Blind . . . . .                                      | 400                                  | 300                                   | -100       |
| Disabled . . . . .                                   | 5,400                                | 4,700                                 | -700       |
| Families . . . . .                                   | 31,200                               | 24,500                                | -6,700     |
| Group II . . . . .                                   | 147,800                              | 113,500                               | -34,300    |
| Aged . . . . .                                       | 33,800                               | 25,200                                | -8,600     |
| Blind . . . . .                                      | 400                                  | 300                                   | -100       |
| Disabled . . . . .                                   | 7,500                                | 6,900                                 | -600       |
| Families . . . . .                                   | 106,100                              | 81,100                                | -25,000    |
| Total number of eligible persons                     | 1,573,000                            | 1,527,900                             | -45,100    |

<sup>a/</sup> Medically Needy caseload projections were modified using more recent caseload experience; excludes caseload adjustment for Group II benefit extension.

HEALTH AND WELFARE AGENCY  
Sacramento, California  
Contact: Spencer Williams  
February 20, 1968

Medi-Cal  
FOR IMMEDIATE RELEASE

A five-member advisory committee to guide reorganization of Medi-Cal in the continuing effort to achieve improved operational and financial control was named today by Spencer Williams.

Appointment of the advisory committee was recommended by the Governor's Survey on Efficiency and Cost Control as the initial step in implementing far-ranging program revisions.

Named to the committee by Williams, Administrator of the Health and Welfare Agency, were:

Kenneth D. King, President, Fireman's Fund American Life Insurance Company, 3333 California Street, San Francisco;

Malcolm C. Todd, M.D., 1515 N. Vermont Avenue, Los Angeles, President-Elect of the California Medical Association;

Gordon Cumming, Administrator, Sacramento County Hospital, President of the California Hospital Association;

J. Scott King, Jr., Treasurer, The Rand Corporation, 1700 Main Street, Santa Monica; and

Roland E. Robbins, Vice President and General Manager, Bank of America, 350 Pine Street, Long Beach.

"I deeply appreciate the willingness of these outstanding citizens to assist us in reorganizing this complex and expensive program to keep it within fiscal bounds and assure that every dollar spent provides maximum health care benefits to the needy," Williams said.

#####

In order that I may act in the future as promptly as possible and with the full advice of the Health Review and Program Council, I am requesting that you provide me with your order of priority listing for the restoration

Members of the Health Review and Program Council  
September 27, 1967  
Page 2

of benefits removed from the program by the September 1 regulations. In this way, the restoration of benefits can be made promptly as soon as the fiscal situation becomes clear and available funds permit.

I want to express my appreciation to the California Hospital Association for the contribution of time and talent represented by this study.

SPENCER WILLIAMS  
Administrator

Attachments

CALIFORNIA MEDICAL ASSISTANCE PROGRAM  
Comments on Report of Consulting Actuaries to  
the California Hospital Association

In evaluating areas of difference and agreement between the estimates of the consulting actuaries and those of OHCS, it must be kept in mind that both sets of estimates are based on the assumption of a fully operating program unaffected by administrative actions subsequent to August 4, or by psychological inhibitions set up among beneficiaries and providers of service by the current controversy and its attendant publicity. In a sense this places the estimates in a "never-never land" of false reality, but it is important to keep them in context because they are the determinants of the amounts which must be reduced or might be restored, in terms of the total budget.

The following comments take up the points raised in the actuaries' report of September 15.

1. June 30, 1967 accruals and SB 1065 modified accrual saving

Staff is unable to agree with any reduction in the 1966-67 year end accruals at this time (staff is \$16.8 million higher than actuaries). The 1967-68 ending accrual reduction due to the effects of SB 1065 (Chapter 1421 Statutes of 1967) of \$56 million as computed by the actuaries is considered to be conservative and may be larger.

2. Population estimates

We agree that a reduction in the estimate for the Medically Needy group appears to be in order. The estimate of 229,300 contained in the August 4 package was based on experience through March 1967. Since then, data through July have become available, with July showing a reduction. Our straight-line projection based on 13 months' experience (July 1966 - July 1967) gives an average of 198,300 for 1967-68. This is 10,000 higher than the actuaries' estimate of 188,300. The difference results from their extrapolating the regression line from the low point of July rather than from the point of origin, which balances low against high points.

Revision of the OHCS caseload estimates for the Medically Needy resulted in reductions of estimates for all services except county hospitals, state hospitals and nursing homes, which were not derived from caseload projections. These reductions totaled \$6.9 million.

3. Physicians' services

The OHCS estimate of physicians' services was based on experience through July 1967, with a 5 percent increment for "normal" upward movement in unit costs. The actuaries reduced the average cost per beneficiary for the aged on grounds that full effect of Title XVIII (B) has not yet been experienced, due to the necessity of a double build-up of the \$50 deductible during fiscal 1966-67. Grounds for reducing averages for those under 65 are not clear. No increment for unit costs increases was used by the actuaries.



We believe it is safer to rely on January-June experience, and that unit cost increase must be included, since the estimates relate to the program before a roll-back was ordered. As the result of the differences in approach, combined with the Medically Needy caseload difference, the actuaries' estimate is \$21.3 million lower than that of OHCS.

4. Extension of outpatient care to Medically Needy Group II

The actuaries' estimate was based on the composite Medically Needy Group I average cost per eligible for physicians' visits and other physicians' services. This has several disadvantages:

- a. The Medically Needy Group I caseload is heavily weighted by Long-Term Non-Grant beneficiaries, who are not recipients of outpatient care. Many of them are in county hospitals, for whom there are no physician billings, even for inpatient care.
- b. The Medically Needy Group I caseload contains a greater proportion of the aged than the current Group II and the anticipated new Group II eligibles. The Group I average cost therefore is more depressed by Title XVIII (B) participation.

The Medically Needy Group I composite average cost per eligible for physicians' services appears less appropriate as a base for estimating Group II outpatient cost than does the cash grant average for corresponding linkage groups, used by OHCS. The use of an upward adjustment factor for increased utilization would seem justified on the basis of the fact that the new group will be coming into the program specifically for outpatient care, and the current Group II beneficiaries, having come in because of inpatient care needs, may be expected to have increased need for and facility in use of the outpatient services.

The actuaries' estimate is \$5.3 million lower.

5. County hospitals

An increased cost for county hospitals was developed by the actuaries through use of the average billing per eligible beneficiary during the period January-June 1967, plus an 8 percent increase in level of hospital cost.

We question the reliability of the county hospital billing pattern for the six months, and have instead relied on the counties' cost estimates supplemented by audits of the OHCS Special Audits Bureau.

The actuaries' estimate is \$17.7 million higher.



## 6. Other hospitals

The OHCS estimate of \$141.1 million is lower than its August 4 estimate by \$3.0 million, as the result of reduction in the Medically Needy caseload estimate. It is higher than the actuaries' estimate by \$7.9 million, due to use of a 12 percent increment over the full year for increased cost level, compared with the actuaries' use of 3/4 of an 8 percent annual rise.

## 7. Nursing homes

We are in agreement that the estimated nursing home cost needs reduction. However, the actuaries' base of March-June 1967 average cost per eligible appears to be a low point from which rising costs for the next fiscal year may be expected, due to the fact that the initial impact of Medicare's 100-day participation will have been exhausted for those remaining in the nursing homes. There also is question of whether an annual cost increment of  $4\frac{1}{2}$  percent is sufficient.

The OHCS revision is based on the estimated average number of licensed nursing home beds during 1967-68 (62,000) at a Medi-Cal occupancy rate of 63 percent. The resultant number of patient days approximates very closely the number derived from a projection of the caseloads at average number of patient days per eligible person during recent months. Total cost was obtained by multiplying total days by the estimated per diem rate under the revised reimbursement formula retroactive to July 1, 1967, adjusted for Title XVIII (A) participation and patient liability, and increased by a factor of 8 percent for increased cost level.

The new OHCS nursing home estimate of \$168.3 million is lower than the August 4 estimate of \$187.9 (Table 2) but higher than the actuaries' estimate of \$153.4 by \$14.9 million.

## 8. State mental hospitals

The actuaries noticed a decreasing monthly average cost per eligible for mental hospital care. They revised the 1967-68 estimate by multiplying the most recent month's average (\$.99 rounded to \$1.00) times the total caseload and distributing the cost among programs according to the percent distribution of the August 4 estimated mental hospital cost.

We have retained our original figure, \$3.4 million higher than the actuarial estimate, because long-term cash grant patients in mental hospitals will revert to full Medi-Cal status after depleting their Medicare eligibility. It is anticipated the average cost per eligible trend line will turn upward in future months.

**CALIFORNIA MEDICAL ASSISTANCE PROGRAM**  
**Table A. Estimated Expenditures, by Type of Service**  
**July 1, 1967 - June 30, 1968**

| Type of Service                            | OHCS          |                             | Consulting Actuaries | Difference Between OHCS Sept. 25 and Consulting Actuaries |
|--|---------------|-----------------------------|----------------------|---|
|  | August 4      | September 25                |                      |   |
| Physicians' services . . . . .             | \$155,359,200 | \$153,086,400 <sup>a/</sup> | \$131,823,480        | - \$21,262,920  |
| Prescription drugs . . . . .               | 48,356,900    | 47,683,300 <sup>a/</sup>    | 47,648,880           | - 34,420  |
| Dental care . . . . .                      | 43,101,900    | 42,592,000 <sup>a/</sup>    | 42,700,572           | 108,572   |
| County hospital care . . . . .             | 97,559,300    | 97,559,300                  | 115,259,904          | 17,700,604  |
| Other hospital care . . . . .              | 144,142,500   | 141,122,700 <sup>a/</sup>   | 133,256,688          | - 7,866,012   |
| State mental hospitals . . . . .           | 21,959,800    | 21,959,800                  | 18,558,000           | - 3,401,800   |
| Nursing homes . . . . .                    | 187,899,600   | 168,327,000                 | 153,399,276          | - 14,927,724  |
| Other services . . . . .                   | 32,818,200    | 32,361,200 <sup>a/</sup>    | 32,335,944           | - 25,256  |
| Optometrist . . . . .                      | 8,652,800     | 8,543,600                   | 8,566,212            | 22,612  |
| Chiropractor . . . . .                     | 1,392,200     | 1,382,800                   | 1,384,740            | 1,940   |
| Podiatrist . . . . .                       | 2,276,500     | 2,240,500                   | 2,237,460            | - 3,040   |
| Home health agencies . . . . .             | 1,825,800     | 1,815,900                   | 1,814,160            | - 1,740   |
| Other services and supplies . . . . .      | 18,670,900    | 18,378,400                  | 18,333,372           | - 45,028  |
| Subtotal . . . . .                         | 731,197,400   | 704,691,700                 | 674,982,744          | - 29,708,956  |
| Federal requirements                       |               |                             |                      |   |
| Outpatient benefits extension (Group II) . | 11,342,400    | 11,342,400                  | 6,000,000            | - 5,342,400   |
| Title XVIII (A) nursing home requirements  | 27,000,000    | 27,000,000                  | 27,000,000           | ---   |
| Other medical services                     |               |                             |                      |   |
| Hospital-based physicians . . . . .        | 6,000,000     | 6,000,000                   | 6,000,000            | ---   |
| Free-standing clinics . . . . .            | 300,000       | 300,000                     | 300,000              | ---   |
| Title XVIII (B) buy-in . . . . .           | 11,511,900    | 11,511,900                  | 11,511,900           | ---   |
| Total cost of care . . . . .               | 787,351,700   | 760,846,000                 | 725,794,644          | - 35,051,356  |
| Administration . . . . .                   | 23,358,286    | 23,358,286                  | 23,358,286           | ---   |
| Grand total . . . . .                      | \$810,709,986 | \$784,204,286               | \$749,152,930        | - \$35,051,356  |

<sup>a/</sup> Revision due to decreased Medically Needy caseload estimate.

CALIFORNIA MEDICAL ASSISTANCE PROGRAM  
Table B. Estimated Caseloads, by Eligibility Group  
July 1, 1967 - June 30, 1968

| Eligibility Groups                             | OHCS             |                  | Consulting Actuaries | Difference Between OHCS Sept. 25 and Consulting Actuaries |
|--|------------------|------------------|----------------------|---|
|  | August 4         | September 25     |                      |   |
| Cash Grant program . . . . .                   | <u>1,358,200</u> | <u>1,358,200</u> | <u>1,358,200</u>     | ---   |
| Old Age Security . . . . .                     | 297,800          | 297,800          | 297,800              | ---   |
| Aid to the Blind . . . . .                     | 12,800           | 12,800           | 12,800               | ---   |
| Aid to the Disabled . . . . .                  | 127,200          | 127,200          | 127,200              | ---   |
| Aid to Families with Dependent Children . .    | 920,400          | 920,400          | 920,400              | ---   |
| Medically Needy program . . . . .              | <u>229,300</u>   | <u>198,300</u>   | <u>188,300</u>       | - 10,000  |
| Group I scope of benefits . . . . .            | <u>102,600</u>   | <u>75,300</u>    | <u>81,900</u>        | <u>6,600</u>  |
| Aged . . . . .                                 | 44,400           | 37,000           | 37,700               | 700   |
| Blind . . . . .                                | 600              | 500              | 600                  | 100   |
| Disabled . . . . .                             | 5,200            | 5,900            | 5,200                | - 700   |
| Families and Foster Children . . . . .         | 52,400           | 31,900           | 38,400               | 6,500   |
| Group II scope of benefits . . . . .           | <u>126,700</u>   | <u>123,000</u>   | <u>106,400</u>       | - 16,600  |
| Aged . . . . .                                 | 23,100           | 22,600           | 21,700               | - 900   |
| Blind . . . . .                                | 400              | 300              | 400                  | 100   |
| Disabled . . . . .                             | 8,100            | 7,300            | 8,100                | 800   |
| Families . . . . .                             | 95,100           | 92,800           | 76,200               | - 16,600  |
| All programs . . . . .                         | <u>1,587,500</u> | <u>1,556,500</u> | <u>1,546,500</u>     | - 10,000  |
| Outpatient benefits extension (Group II) . . . | 33,800           | 33,800           | 33,800               | ---   |
| Total caseload . . . . .                       | <u>1,621,300</u> | <u>1,590,300</u> | <u>1,580,300</u>     | - 10,000  |

CALIFORNIA MEDICAL ASSISTANCE PROGRAM  
Table C. Estimated Expenditures, by Program  
July 1, 1967 - June 30, 1968

| Eligibility Groups                           | OHCS          |               | Consulting Actuaries | Difference Between OHCS Sept. 25 and Consulting Actuaries |
|--|---------------|---------------|----------------------|---|
|  | August 4      | September 25  |                      |   |
| Cash Grant program . . . . .                 | \$481,829,900 | \$476,657,000 | \$457,596,312        | - \$19,060,688  |
| Old Age Security . . . . .                   | 123,267,200   | 120,632,700   | 105,111,788          | - 15,520,912  |
| Aid to the Blind . . . . .                   | 8,315,800     | 8,106,000     | 7,736,924            | - 369,076   |
| Aid to the Disabled . . . . .                | 137,939,100   | 135,625,700   | 140,860,592          | 5,234,892   |
| Aid to Families with Dependent Children . .  | 212,307,800   | 212,292,600   | 203,887,008          | - 8,405,592   |
| Medically Needy program . . . . .            | 249,367,500   | 228,034,700   | 217,386,432          | - 10,648,268  |
| Group I scope of benefits . . . . .          | 124,129,900   | 105,820,000   | 99,367,140           | - 6,452,860   |
| Aged . . . . .                               | 100,061,400   | 84,833,900    | 77,872,020           | - 6,961,880   |
| Blind . . . . .                              | 1,481,600     | 1,212,800     | 1,479,024            | 266,224   |
| Disabled . . . . .                           | 11,904,400    | 18,035,600    | 11,532,768           | - 1,502,832   |
| Families and Foster Children . . . . .       | 10,682,500    | 6,737,700     | 8,483,328            | 1,745,628   |
| Group II scope of benefits . . . . .         | 125,237,600   | 122,214,700   | 118,019,292          | - 4,195,408   |
| Aged . . . . .                               | 74,036,800    | 73,355,800    | 59,905,648           | - 13,450,152  |
| Blind . . . . .                              | 1,076,600     | 837,900       | 961,248              | 123,348   |
| Disabled . . . . .                           | 28,820,000    | 27,128,500    | 35,461,428           | 8,332,928   |
| Families . . . . .                           | 21,304,200    | 20,892,500    | 21,690,968           | 798,468   |
| All programs . . . . .                       | 731,197,400   | 704,691,700   | 674,982,744          | - 29,708,956  |
| Federal requirements                         |               |               |                      |   |
| Outpatient benefits extension (Group II) . . | 11,342,400    | 11,342,400    | 6,000,000            | - 5,342,400   |
| Title XVIII (A) nursing home requirements .  | 27,000,000    | 27,000,000    | 27,000,000           | ---   |
| Other medical services                       |               |               |                      |   |
| Hospital-based physicians . . . . .          | 6,000,000     | 6,000,000     | 6,000,000            | ---   |
| Free-standing clinics . . . . .              | 300,000       | 300,000       | 300,000              | ---   |
| Title XVIII (B) buy-in . . . . .             | 11,511,900    | 11,511,900    | 11,511,900           | ---   |
| Total cost of care . . . . .                 | 787,351,700   | 760,846,000   | 725,794,644          | - 35,051,356  |
| Administration . . . . .                     | 23,358,286    | 23,358,286    | 23,358,286           | ---   |
| Grand total . . . . .                        | \$810,709,986 | \$784,204,286 | \$749,152,930        | - \$35,051,356  |